Learn about the challenges individuals with an emotion dysregulation disorder such as Borderline Personality Disorder (BPD) can experience in regulating emotional, behavioral, and cognitive responses. In these cases, overwhelming emotion can lead to an individual engaging in dangerous, life-threatening behaviors (i.e., self-harm, substance use, etc.) as a means to cope with and manage the intensity of the emotion. Participants will gain a working knowledge of therapeutic strategies within the Dialectical Behavior Therapy framework that clients can use to alleviate the effects of having a pervasive emotional dysregulation disorder.

Instructor: Vena Davis, LCSW
Owner/Operator, Honey Bee Behavioral Health
Vena M. Davis provides therapy services to children, adults, and their families. She is knowledgeable in a variety of treatment approaches used to help those who have experienced a traumatic situation learn behavioral and emotional strategies to discuss and process their experience.

Information and registration:
[ced.unlv.edu/social-work](https://ced.unlv.edu/social-work) or 702-895-3394

The Social Work Continuing Education Unit (CEU) Series is a partnership between UNLV School of Social Work and UNLV Continuing Education. All CEUs are approved for biennial license renewal requirements for social work practitioners in Nevada. See website for details.