

## **Academic Plan Proposal**

### **Program Description:**

Personal care aides provide critical support for everyday tasks such as dressing, bathing, housekeeping, errands, and meal planning. Students will explore key issues related to providing safe, attentive personal care services in a home-based setting or group facility. Among the covered topics are: basic anatomy and physiology; disease processes and prevention; nutrition; infection control; emergency interventions; medical terminology; dementia; employment strategies; and caregiver wellness. During a hands-on clinical skills lab, practice skills essential to the care of elderly and disabled clients including bathing, dressing, mobility, transferring, toileting, grooming, and meal planning. Because personal care aides often work with vulnerable populations, professional ethics are emphasized throughout training. Students will learn OSHA and CDC standards, documentation, abuse, and professional responsibility.

### **Prerequisites and Admissions Requirements:**

Students must be 18 years of age and possess a high school diploma or GED.

Students must be able to lift 25 pounds

Students must be in good health and physical capacity to fulfill work tasks

No felony convictions for those who plan to enter the field for employment

### **Program Learning Outcomes:**

- Demonstrate ethical and responsible practices in the healthcare industry as a Personal Care Aide
- Demonstrate competency in the performance of basic PCA clinical skills, such as vital signs, dry dressings application, assisting with medications and meal planning.
- Understand safety guidelines under the CDC and OSHA
- Demonstrate the ability to deliver quality care with confidence and skills
- Understand how to observe, report and record patient status, and maintain confidentiality.

### **Program Requirements:**

To earn the Personal Care Aide Apprenticeship Certificate, you must successfully complete the Personal Care Aide Course (10.0 CEUs) and Effective Communication and Report Writing (1.5 CEUs).

### Required Courses:

- Personal Care Aide Apprenticeship Certificate Application (HH9999B)
- Personal Care Aide Course (100 hours, 10.0 CEUs)
- Effective Communication and Report Writing 1.5 CEUs

### Elective Courses:

None

### **About This Program:**

The Personal Care Aide Certificate program is designed to meet the needs of Southern Nevada for a prepared and educated workforce in healthcare. This entry level program provides an opportunity for members of the community interested in pursuing a career in healthcare to explore the patient care experience.